



***‘A Walk in the Rain’*: A Psychoanalytical Study**

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Abstract:

In this new era psychoanalytical study also relates to the literature. The aim of this research is to study the characters of Uday Yadla's 'A Walk in the Rain' from a Freudian psychoanalytic position enlightening how these characters' lives and personalities have been affected by their Id, Ego and Superego. The Researcher represents women and men characters and psychoanalytical study of Uday Yadla's 'A Walk in the Rain'

Keywords: *Psychoanalysis, Psyche, Repression, Struggle, Desire, Love*

1. Introduction

Literature is a reflection of a society. English literature is hundreds of years old and continues to be one of the most popular courses of study in educational field- around the world.

Writers pour all the things in their writing as: feelings, imaginations, styles, situations, mental condition in scenario, social life, and entertainment. people used to read literature for entertainment, because 50 years ago, there were not available option as now in 21st century as : T.V. with 500 channels ,movie, internet, mobile, transportation to drive a hundred miles away from in just a couple of hours. Not only entertainment but English literature deals with universal themes and values that help us grow in our everyday lives. It also teaches us about different periods and familiar with faraway places.

In the modern age psychoanalytical study is also done in literature. The new generation psychoanalytical study is related to literature. There are many researches held on the psychoanalytical study of the fictions, stories, novels and plays, in the depth of the books with their characters. The modern psychological criticism is the research of the great psychologists. There are Freud, Bergson, Karl Jung and many other psychologists who investigated that psychological knowledge is very useful in the explanation of fictitious characters.

The beginning of this modern tradition on are found in Sigmund Freud's the interpretation of dreams (1900), Freud was the first to contribute and cultivate the theory of psychoanalysis. At initial stage Freud's views of the dream have oriented particularly pragmatic concepts for the analysis of literature. The Id, the Ego and the Super Ego - human psyche is the significant research of Freud. Id means something odd obscure and inaccessible part of the man's personality.

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It is told by Freud himself. The Id means the source of all our aggressions and desire. It is Lawless asocial and amoral. A large portion of the Ego is unconscious; a nevertheless comprises what human ordinarily think of as the conscious mind, his assignments of the mental processes to three psychic zones are: the Id, the Ego and the Super Ego. Literature's relation with psychology is delineated here it is actually the relation between the character's attitudes and stages of mind and the special qualities of their work.

“Where Id is, there shall ego be”.

--Sigmund Freud, New Introductory Lectures on Psychoanalysis.

Definitions

Sigmund Freud was the innovator in the field of psychology and in 1896 he invented the term 'psychoanalysis' to distinguish the 'talking cure'- a therapeutic method of improving repressed material from the unconscious mind.

Psychoanalysis defines along with it three things:

- A method of mind investigation especially of the unconscious mind.
- A therapy of neurosis inspired from the above method.
- A new stand-alone discipline which is based on the knowledge acquired from applying the investigation method and clinical experiences.

Accordingly there is nothing indefinite in the definition of psychoanalysis. Psychoanalysis is a particular brain investigation technique and a therapy encouraged from this investigation. I would say first and notable therapy in order to highlight even more that psychoanalysis indicates no assumption, that it is closer to psychotherapy and further from philosophy, art or culture in general.

Sigmund Freud's most permanent and significant creation was that the human psyche has more than one feature. He applied that the brain had three structural features that comprises the Id, the Ego and the Super Ego, all emerging at different phases in our life. These systems are not part of the mind, or any way physical. Id involved instinctive sexual natures, which must be fulfilled. The id is the thoughtless part of our psyche which reacts immediately and directly to the characters. The psyche of the newborn kid is all "id" and only later does it grow an ego and super ego.

"Go to Bing Homepage." *Id, ego, superego+images* - Bing Images. n.p., n.d. Web. 09 Oct. 2016.

The Iceberg Metaphor of Sigmund Freud's conception

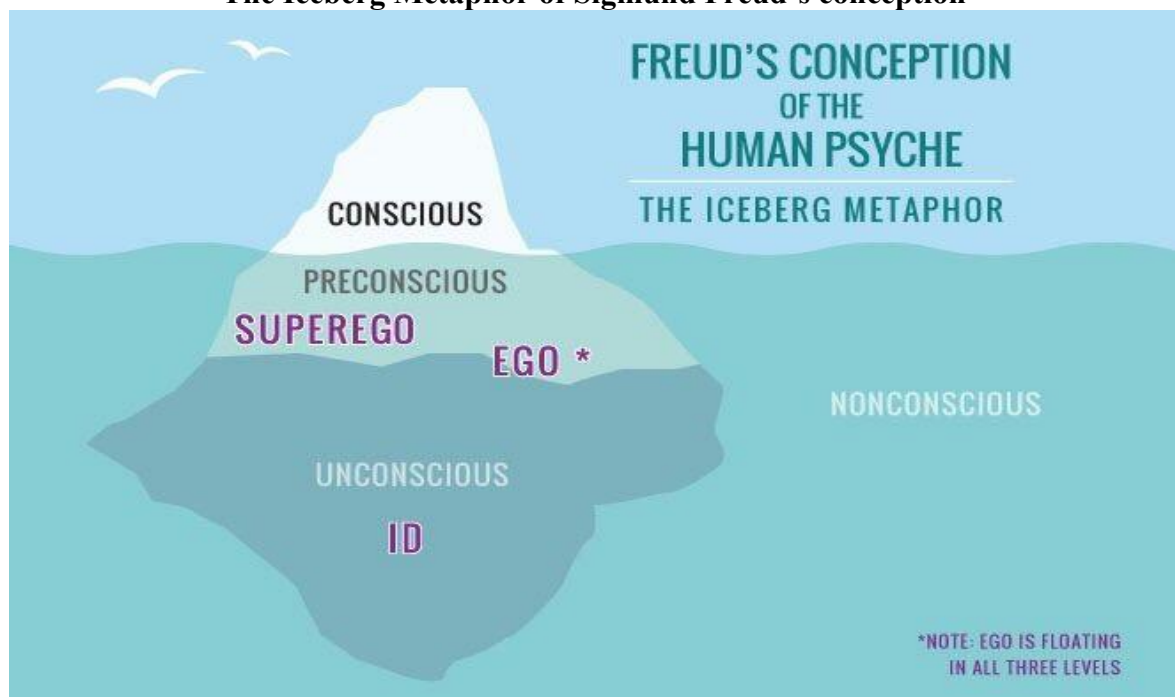


Figure 1

-Bing Images

In this metaphor, the small quantity of iceberg above the surface presents the conscious mind, the vast form below the surface, the Unconscious brain. The Unconscious brain holds all consciousness that is not currently in the Conscious mind.

Development of the ID, EGO, and SUPEREGO

At birth, personality is governed by Id (pleasure principle)

Early childhood, Ego starts to grow (reality principle)

Later childhood, the Super Ego develops (morality principle)

Introduction: About the Author and Novel, 'A Walk in the Rain'

Udai Yadla is an enthusiastic writer. Udai Yadla is a fiction writer fascinated by the art of storytelling since childhood. His interest in psychology is shown in his writings. His first book 'A Walk in the Rain' is broadly appreciated in readers. He has been nominated for Forbes India Celebrity 100 List. 'A Walk in the Rain' (A Fiction Written in 2015 by Udai Yadla)

Love is the poison that kills you. Love is the elixir that keeps you alive. An unreciprocated love keeps you alive, but kills every day.

- Udai Yadla

Heartbroken Sunny lives a reclusive life, trapped in the past, living in his memories he has no complaints about his life, but refuses to embrace the present.

Saloni is the childhood friend of Sunny. At schooling period they loved each other, felt that moments, walk in the rain and gave gift which make their life changed at the end. One day suddenly she went from his life and separation made their life poisonous. After separation situation made her prostitute who is desperate to earn money by any means. She does not care about exploiting others to fulfill her purpose. Fate unites the loner and the prostitute to get on a life changing journey of payback and self-discovery.

Sunny's friend Imran planned a surprise for his birthday which turns into a tragedy that claims the life of his dear friend Imran, Sunny's calm life suddenly turns into a turbulent storm. With nothing left to live for, vengeance becomes his ultimate mission. His unenthusiastic agreement with a prostitute to trace the killer sets him onto a brave tormenting adventure of life and death.

'A Walk in the Rain' is an intricate tale of intense emotions, driven by hair raising twists and turns. Sunny an unbeloved turns misogynous after Sandy (Saloni), the only girl he loved walks away from his life, undeclared.

"The biggest sin in the world is not being able to love someone. Do not judge anybody by what they are, because life may have played unfair with them. You be fair. The one who loves would be the closest to God. Do not choose whom to love and whom to not. Love everybody. Remember... Love is the language of God."

"It's not the person who is good or bad, it's the side we rub of them."

- Udai Yadla

The Psychoanalytical Study of a Fiction: 'A Walk in the Rain'

The title of the book: 'A Walk in the Rain', says it all by Udai Yadla. The picture of the cover describing a couple walking on the sea shore, it looks so beautiful and romantic but actual fiction is not as looks as on cover. Life is more difficult and stressful. Without parents, love and loved once no one in the world, survive alone within the world. This story about deep love and its pain as well as restoration and the sacrifices.

'A Walk in the Rain', the fiction of extreme emotions, with the surprising twists and turns increasing the thrill of the tale. It represents the brilliant creation and imaginative skills of Yadla, the story of thrill and suspense. He represents characters' psyche, their internal struggle, repression and wonderful skill to handle situation, the author maintain romance till the very end.

The title of this novel '*A Walk in the Rain*' is apt because Surya and Sandhya, the central characters are connected with the rain and their love grown up in a walk in the rain. '*A Walk in the Rain*' is Uday Yadla's first novel written in 2015. To examine this novel psychologically one needs to glance inside the psyche of almost all the characters of the novel. The central character Surya is the leading character for psychoanalysis.

His mother was died and his father believed that he caused the death of his wife and also because he reminded him of the painful betrayal. He hated him. So he was away from parental nourishment and this has affected his mind and his psyche a lot.

Thus, it shows that he was alone cause of the death of his mother and his father's hate affected his psyche so much that he adopted the feeling of detachment. In fact, he not only became detached with the world but detached with himself also. All his actions can be psychologically analyzed.

Surya doesn't know what to do, how to do and what not to do. His Super Ego has not been developed properly because of lack of parental love, and so he does not know how to build a strong emotional bond with anyone. His childhood till 5th grade has been loveless so no such kind of bond has been developed of being possessed and possessing someone. He knows that sooner or later his emptiness will be exposed and the end will be shocking and his this desire of Id is very well supported by his detachment theory and that is why he further tells Sandhya. Surya's detachment philosophy, which he has misunderstood, has altogether changed his psyche and has taken him on a different path, which leads to only destruction.

The inner chaos was getting strong and his psyche was changing after he met Sandhya. Surya experienced a different world around him. He made friends with everyone in the class. He began to smile a lot. He would like to meet her every day and spend every moment of his life with her. Surya and Sandhya become best friends in no time. Days passed and their friendship grew stronger every day.

Psychologically Surya has been so differently molded. He was totally negative about life and had wrong notions but then he undergoes a process of psychological improvement and things changed in his life. His thinking has also been now positive from what he earlier had.

One morning in the classroom, he kept waiting for her, but to no avail. He waited for days with the hope that she would return one day, but his hope went up in smoke. He gradually perceived that she had left him forever. Sunny's fourteen year old heart had endured lot of grief, but the departure of sandy was unbearable for him. The shock pulled him back to emotional hibernation.

If we closely examine the psyche of Surya we can come to conclusion that again he has developed this philosophy of detachment from his past deep love for Sandhya. As he started getting involved with sandy she left him and he could not possess her so he developed a notion that one should be able to love through detachment as it causes less pain than to develop possessiveness towards the person one loves and not getting her. There was no change in his psyche. Psychological condition of Surya remained same because his separation from sandy he detached with whole world.

The problem with Sunny is that he doesn't belong to himself. A man gets pleasure in being loved, having sexual encounters etc. but here is a man who is totally different to all these things. If one wants to analyze what's so different about this individual one needs to peep inside to Sunny's mind and experience the psychological trauma that Sunny is undergoing from his birth. His state of mind is totally different from an ordinary man. His reactions are different. His way to deal with life is totally different because his psyche is different. The way Id, Ego and Super Ego are developed in a normal

man, the same way these mental elements are not developed in Sunny, which makes Sunny's reaction different. The stages of life that Freud discusses from the time a baby is born till complete maturity have not been properly developed in the case and the result is sunny, Imran and Irfan.

Imran friend of sunny also have a similar psyche but He is a person who belongs to no place; he has no God, no social background, and no system of morality. He is a one-sided being and psychologically different man. During childhood our Super Ego develops. It is like a father figure. It stands for all morality and Id is a beast like part of the brain. It dominates the pleasure principle. It does not care for social norms while Super Ego is just opposite to Id. Super Ego acts as the conscience and Ego tries to mediate Id and Super Ego. In the case of Imran, no parental care has empty him of a healthy Super Ego and Ego. He is a character, who has no system of morality. There is no distinction between morality and immorality for him.

In the case of Sandhya's mother, she was not having man in her life so she was depended on her brother Hari and lost everything to trust him. She is also a psychological character. She was psychologically torn but Hari's evil deeds was the one that caused all havoc.

Hari's character can also be analyzed psychologically. It is because of his psyche that he did not belong to any morality and his statement and behaviour created the impression that this is a man with different frame of mind. His evil deeds, and psyche of revenge spoiled all the life of Sandhya and her mother.

Udai Yadla's: '*A Walk in the Rain*' is a super study in the psychology of human being, their emotions, love and thrill. Udai Yadla highlight on the psyche of a modern characters. If we compare the mental thinking of Pooja & Saloni, we will definitely love to know that how beautifully Udai Yadla has presented the psyche of two different girls almost of equal age. They are almost of same age but due to the atmosphere, social cultural diversities their way of thinking are different.

Surya's psyche represents nothing but the modern man who, irrespective of all sorts of scientific and technological advancement of the modern times finds himself in a tragic mess. The loneliness and mental working of the contemporary individual is well articulated by Udai Yadla in the novel: Surya has been completely changed. It is only because his psyche has been changed he finally got his love. The person whom he loved more than life eventually he got her almost after 2 decades and painful separation.

It is a human psyche that if one wants anything from a person and does not get that then one tends towards other for the satisfaction. What human being needs is satisfaction at all the three levels that is emotional level, physical level and mental level. Udai Yadla has portrayed all the character of this novel so artistically that almost all of them can be analyzed psychologically. At one stage, it seems that all the characters of Udai Yadla's '*A Walk in the Rain*' are like an ocean. They are so deep that one cannot even measure the depth of theirs. Surya seems to be appropriate character for his depth. A volcano erupted in Surya's mind and finally when....This makes us clear that how psychologically torn Surya was.

It has been pointed out by many of Udai Yadla's characters of the novel that Sunny is a perfect psychoanalytical character. Udai Yadla also plays with the psyche of his reader as he begins his novel with the center. Therefore, the combination of actions that took place in recent past and present is how the setting of this novel is and so a reader is bound to know what happened and why it happened. Keeps moving from the past in present.

In the end of the novel there is a transformation in Sunny. Sandy and Sunny with hearts joined together, because his psyche is totally changed. Because his the chaos dominant in his mind settled into peace and order. What we notice at the end of the novel is a hero who is emotionally and psychologically uplifted. The hatred of people who lead to do unwanted work, changed. He finally change himself and most important thing is he got his love, same thing happened with sandy. Both have unlimited love and flow of emotions.

Conclusion

The concluding remark should include one unavoidable truth about psychoanalysis that the more a person is observed the more he becomes artificial and unnatural in his or her behaviour. It enlarges the hidden part and reduces the visible traits of his or her personality. This truth about psychoanalysis leads to a demand that psychoanalysis is a process, which should be applied to that concerned person when he is not aware of it.

This is why one has to psychologically analyze a person as most of us decide our fate on a flip of coin as though that is the right guide and fate of us. Our Ego needs to satisfy the desires of Id maintain the moral constraints of Super Ego. So at this juncture the flip of the coin was a bridge between his or her desires. Psychologically we are satisfied that the coin has decided, so it might be right. Sometimes we need a medium to satisfy our psyche and at this stage, it was coin.

After doing a psychoanalytical study of characters of Udai Yadla's '*A Walk in the Rain*', the researcher concluded that the human psyche is created from childhood only whether negative or positive, and then it changes time to time with different stages and circumstances. This can make use to under stable with Sigmund Freud's Psychoanalytical Theory.

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