

# A Study of Spiritual Intelligence of B.Ed. Trainees in Relation to Certain Variables

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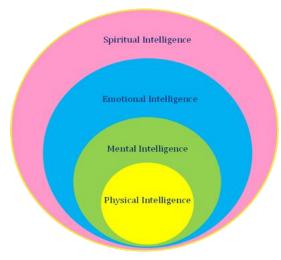
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#### 1. Introduction

Spiritual intelligence (SQ) is our capacity for developing meaning, vision and value. It allows us to dream and to strive. It underlies the things we believe in and the role our beliefs and values play in the actions that we take. The higher our SQ, the more we are truly ourselves, mindful of our being and not hiding behind reactive emotions nor conditioned belief systems. Spiritual insight is obtained by accessing our inner knowing through intuition - separating our heart (loving essential nature connected to higher self or soul) from mind (false based on animal body fears) and cultural conditioning (imprinted from other people's views imposed). Without mindful insight, we react instead of respond. We regret the past and worry about what the future may hold, instead of being fully involved and mindful in the present. It is harder to retain emotional intelligence: we suffer from painful feelings, frustration and low self-esteem. We become unconscious of our loving inner self and its natural insights into universal truth.

Truth is to be found in two ways: Firstly, by viewing the world objectively, always keeping an open mind, keeping all beliefs open to revision. Seeing what is. And secondly by combining objectivity with a conscious looking within, to what the heart is saying. This source of inner knowing relates to the spiritual essence of a human being, whose motivation is essentially service and compassion founded on unconditional love. This is quite apart from the mind and instincts of the human animal that empower the ego. Our animal motivation is primarily fear, reacting to perceived threats to survival, and therefore leading to envy and greed. We truly need to know ourselves, to find our inner loving core. It is for each person to discover their own version of truth and to recognize the universal values it contains. The measure of that truth is alignment with the values of loving service. With open communication, we gain in understanding, we see reality more clearly, our empathy increases and we feel compassion.

# **Communication -> Understanding -> Reality -> Empathy = Compassion**



# 2. The CURE is Compassion

By learning how to find the truth that underlies the challenges we face in life, and implementing these insights into our everyday life, we can start to follow our spiritual path. This means we will remain conscious and responsible whatever the situation, and at the same time involved and flowing with the stream of life, connected with all around us and profoundly appreciative of every moment of our lives.

# 3. Objectives of the Study

1.To study the level of Spiritual Intelligence of B.Ed. trainees.

2. To study the effect of gender on the Spiritual Intelligence of B.Ed. trainees.

- 3. To study the effect of types of schools on the Spiritual Intelligence of B.Ed.trainees.
- 4. To study the effect of Area on the Spiritual Intelligence of B.Ed.trainees.
- 5. To study the effect of Achievement on the Spiritual Intelligence of B.Ed.trainees.

## 4. Variables of the Study

In the present study there are two types of variables. They are dependent and independent variables. Spiritual Intelligence is a dependent variable and the gender, types of schools, Area, Achievement are considered as independent variables.

## 5. Hypothesis

Hypothesis of the present study are as follows:

Ho<sub>1</sub>:There will be no significant difference between mean scores of Spiritual Intelligence of boys and girls of B.Ed.of Ahmedabad.

Ho<sub>2</sub>:There will be no significant difference between mean scores of Spiritual Intelligence of B.Ed.trainees of granted and non granted B. Ed. colleges of Ahmedabad.

# 6. Importance of the Study

It is important to study the spiritual intelligence of trainees as they are going to joint society through different fields and are going to help society directly or indirectly. After all they are the future of country. It also helps to check the effectiveness of the values of spiritual intelligence. The study helps to satisfy the needs of education and to cover the different areas of education like spiritual and intellectual, which is directly related to student's development.

## 7. Population

The population of the present study consists of all the boys and girls in the non-granted and granted B.Ed. Colleges affiliated to Gujarat University.

# 8. Sample

In the present study the probability sampling technique is used to select 110 trainees as a sample subjects from the given population. Thus 110 trainees from the different 2 colleges belonging to Ahmedabad city are selected by random sampling technique.

#### 9. Tools of the Research

For the present study, the researcher is apply the Standardized Spiritual Intelligence scale prepared by Dr. R. S. Patel.

#### 10. Method of the Research

The method of the present study is the descriptive Method of which survey method is used for this research.

## 11. Planning for Data Collection

As per research designs researcher selected two B.Ed. colleges randomly from population. After prior permission of the principal the researcher visited the college for data collection. Researcher then informed trainees about the purpose of study and gave instructions about Spiritual intelligence scale. When trainees filled up the scale the researcher has collected all the scales , then gratitude trainees and Principals.

# 12. Data Analysis

In present research the researcher has study the spiritual Intelligence of the B.Ed. trainees so for analyzing data the researcher has used Mean, standard deviation and t- test.

## 13. Analysis and Interpretation of the Data

An analysis of the data is most skilled task of all stages of the discover inherent facts. A careful planning of the analytical frame work should be envisaged by the researcher.

Table 1: classification of level of spiritual intelligence of B.Ed. trainees of Ahmedabad

Sr.	Class interval	Spiritual intelligence level	No. of trainees	
1	180 and above	Level A = High level	34	
2	80 TO 179	Level B = Middle level	57	
3	below 80	Level C = Lower level	19	
Total			110	

From the above table number 4.4.1, it is found that from 110 trainees, 34 trainees possess (level - A) high level Spiritual Intelligence as they are in class interval of 180 and above, 57 trainees possess (level - B) middle level Spiritual Intelligence as they are in class interval 80 to 179 and 19 trainees possess (level - C) lower level Spiritual Intelligence, that is class interval below 80 of B.Ed. trainees of Ahmedabad.

# **Hypothesis-1**

There will be no significant difference between mean scores of Spiritual Intelligence of boys and girls of B.Ed. of Ahmedabad.

Table 1: analysis of spiritual intelligence of boys and girls of B.Ed. Trainees

Sr.	Gender	No. of trainees	Mean	S.D.	t value	Significance
1	BOYS	41	68.70	7.25	9.16	Significant
2	GIRLS	61	69.25	7.68	9.10	

 $t_{cal} = 2.08 > t_{0.05} = 1.96$ 

From the table no. 1 it is evident that the  $t_{cal} = 2.08$  which is more than  $t_{0.05} = 1.96$  at 0.05 level of significance. Thus, hypothesis is rejected at 0.01 level of significance. Hence the hypothesis (Ho<sub>1</sub>) that "there will be no significant difference between mean score of Spiritual Intelligence of boys and girls of B.Ed. of Ahmedabad" will be rejected at 0.01 level of significance. It means that there is a difference between spiritual intelligence of boys and girls of B.Ed.of Ahmedabad. Further, the mean scores of girls bearing more than that of the boys. It suggests that the girls have more spiritual intelligence than the boys of B.Ed. of Ahmedabad.

## **Hypothesis-2**

There will be no significant difference between the mean scores of Spiritual Intelligence of B.Ed. trainees of granted and non-granted colleges of Ahmedabad.

Table 2: Analysis of Spiritual Intelligence of Granted and Non Granted Schools of B.Ed.

Trainees

Sr.	Types of Schools	No. of trainees	Mean	S.D.	t value	Significance
1	Granted	49	66.85	7.22	2.42	Significant
2	non-granted	61	61.25	7.38	2.42	

 $t_{cal} = 2.78 > t_{0.01} = 2.58$ 

From the table no. 2 it is evident that the  $t_{cal} = 2.78$  which is more than  $t_{0.01} = 2.58$  at 0.01 level significance. Thus, hypothesis will be rejected at 0.01 level of significance. Hence the hypothesis (Ho<sub>2</sub>) that "there will be no significant difference between the mean score of Spiritual Intelligence of B.Ed. trainees of granted and non granted colleges of Ahmedabad" will be rejected at 0.05level of significance. It means that there is a difference between spiritual intelligence of B.Ed. trainees of granted and non granted colleges of Ahmedabad. Further, It means that the spiritual intelligence of granted trainees is more than that of non granted college trainees of B.Ed. of Ahmedabad.

# 14. Findings of the Study

The findings are as under.

- 1. There is a significant difference between the spiritual intelligence of boys and girls of B.Ed. trainees of Ahmedabad. Further, the mean scores of the girls is more than that of the boys it suggest that the girls are more spiritually intelligent than that of the boys of B.Ed. trainees of Ahmedabad.
- 2. There is a significant difference between the spiritual intelligence of B.Ed. trainees of granted and non granted B.Ed. colleges of Ahmedabad. Further, the mean scores spiritual intelligence of trainees of non granted schools are more than that of the trainees in granted college, which suggest that the trainees of non granted college are more spiritually intelligent than that of the trainees of granted college of B.Ed. of Ahmedabad.

# 15. Suggestion of the Study

The researcher have made following suggestions:

- 1. Boys should be given more practice for making themselves spiritually intelligent, they should try to participates in prayer, to organize tour in holy places, spiritual seminar, lectures of saints, etc
- 2. Special type of programme should be conducted for granted college for improving spiritual intelligence.

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