

A study of Attitudes of Secondary and Higher Secondary School Sports Teachers about Management of Physical Education in Relation to Certain Variables

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1. Introduction

According to Aristotle "Education is a creation of sound mind in sound body. It develops man's faculty especially in his mind so that he may be able to enjoy the contemplation of supreme truth, goodness and beauty of which perfect happiness especially consists".

In the modern world, education is looked on as preparing the individuals for a meaningful self-directed existence. It is viewed as the primary focus of education. The role of physical education comes up in this juncture.

Physical education as a branch of knowledge lays emphasis on building a physically, emotionally, mentally and socially fit individual. A heavy responsibility rests on the shoulders of those who spend a large share of their time with the youths of today. If experiences are provided that are satisfying, successful and directed towards enriching the student's life, the purpose of education will be accomplished.

Physical education is the education that is based on common core of learning experience planned on a sequential arrangement appropriate to the individual's all stages of physical, social, emotional, intellectual and psychomotor development. Education is brought about as the individual's interest with the surrounding physical environment.

Physical education should aim to improve the mass students and to give them as much as health, struggle and stamina as possible to enable them to perform the duties that adds them a grater their schools and colleges.

Participation of the students in physical education activities under the guidance of well-qualified teachers contribute significantly to the total health through the development of physical, mental social and emotional aspect. Physical education programmes also provide experience in imbibing the spirit of democratic citizenship as well as an opportunity for carrying out leisure time pursuits.

2. Title

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3. Objectives of Study

The objectives of the present study are:

To study the attitudes of secondary and higher secondary Managerial functions are generally administrative duties that need to be carried out in virtually all-productive organizations. Management of a modern sports organization is a complex process. It is a sequence of rational and logical steps.

Vijaysinh B. Padheriya [Subject: Physical Education] [I.F. 5.985] International Journal of Research in Humanities & Soc. Sciences

Ruther Gullick has suggested POSDCORB as the process of administration, each letter representing a process of administration, PPlanning, 0-organizing, S-Staffing, D-Directing, Co-Coordinating, RReporting, B-Budgeting. Koontz and O'Donnell classified managerial functions in five groups. They felt that the most useful method of classifying managerial functions is to group them around the activities of planning, organizing, staffing, directing, controlling and evaluating. school sports teachers about management of physical education in schools

4. Hypothesis of present research

The effectiveness of management differs in High and Higher Secondary schools with reference to the various aspects of physical education.

5. Research Methodology

The present study is a normative survey. The data were collected both from the Headmasters and the Physical Education Teachers in schools at Ahmedabad.

6. Population

All the sports teachers teaching in secondary and higher secondary schools of Ahmedabad are the population

7. Sample

The study was carried out in Ahmedabad. The researcher has selected secondary and higher secondary schools randomly from Ahmedabad. There were 20 teachers were selected by cluster sampling techniques.

8. Research Tool

The researcher has developed the relevant tool to measure the variables selected for the study. The researcher has constructed questionnaire for sports teachers

9. Scheme of Data Analysis

For data analysis descriptive, inferential univariate and multivariate statistics such as mean, standard deviation, correlation, ANOVA, fact or analysis, discriminant analysis and regression analysis were used.

10. Educational Implication

The extensive study on the aspects of management of physical education in secondary and higher secondary school in Ahmedabad rendered it possible to identify certain important aspects of management of physical education that are to be bestowed more attention to promote the activities of the physical education units in schools to a desirable level of effectiveness and efficiency.

The Availability of special play fields / courts in all schools and schools at the sub samples classified on various compositions such as Level, Location, Revenue Districts, Educational Districts, Sex and Management is found to be below average implying the need for more attention in this aspect in almost all the schools. Further, it is an indicator to the authorities to raise it to a still higher level to promote more and higher-level special play fields/courts for students' participation in physical education activities.

In the provision of safe and congenial atmosphere for the participation of students in sports and games programmes in all schools both at Ahmedabad.

11. Suggestions of Research

To improve attitudes of sports teacher following suggestions were suggested by researcher

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1. The adequacy of physical education staff in relation to the strength of the students in schools.

- 2. The various games / activities taught in schools.
- 3. The availability and adequacy of general playground facilities.
- 4. The availability and adequacy of special playfields / courts for games and Sports.
- 5. The availability and adequacy of games articles.
- 6. The methods adopted to maintain records.
- 7. The extent of co operation and interest shown by the teachers for smooth running of physical education programmes.
- 8. The schemes adopted by the schools for students' participation in physical education programmes.
- 9. The various physical education programmes organized in schools.
- 10. The effectiveness of the maintenance of facilities / articles,
- 11. The effectiveness of planning for the promotion of physical education Programmes.
- 12. The effectiveness of organizing the physical education activities.
- 13. The in-service programmes / training given to. the staff of physical Education.
- 14. The effectiveness of the direction given and followed by physical education staff.
- 15. The procedures followed to evaluate and to maintain the standards, policies and programmes.
- 16. The extent of realizations of objectives of physical education.

12. Conclusion

In present research the researcher has tried to measure the attitudes of secondary and higher secondary school sports teachers about management of physical education in respect to certain variables. The researcher has used self made questionnaire to collect the data and the data was analysed by correlation and Anova

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