



Emotional Intelligence Among Rural and Urban People

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Abstract:

The term Emotional Intelligence refers to ability to identify our own feelings and those of others, for inspiring ourselves and for handling emotions well in us and in our relationships. Emotional Intelligence is very important in one's development. There is considerable evidence highlighting its positive role in handling stress, develop relationship. Current study aims to find out emotional intelligence among rural and urban people, using random sampling technique 50 (25 rural, 25 urban) persons were taken. Emotional intelligence scale developed by Dr. Rakesh Pandey and Dr. Tulika Anand (2008) is used to measure emotional intelligence of persons. The result obtained from this study shows that there is a significant difference between people of rural and urban area on emotional intelligence.

Keywords: Emotional intelligence, Rural, Urban, People

1. Introduction

Emotional awareness, capability to harness emotion and applying those emotions in a positive way are the basic skills included in emotional intelligence. The theory of emotional intelligence was introduced by Peter Salovey and John D. Mayer in 1990 and further Daniel Goleman elaborated in his book, Emotional intelligence as a person's ability to manage his feelings are expressed appropriately and effectively, according to him emotional intelligence is the largest single predictor of success in the workplace and it has five key elements: Self-awareness, Self-regulation, motivation, empathy and social skill.

2. Method

2.1 Problem

Emotional intelligence among rural and urban people.

2.2 Aim

To assess the rural and urban people on emotional intelligence.

2.3 Objective

1. To measure emotional intelligence of people of rural and urban area.
2. Compare people of rural and urban on emotional intelligence.

2.4 Hypotheses

There is no difference in level emotional intelligence of rural and urban people.

2.5 Sample

A total number of sample is 50 adult persons (urban =25 and rural =25) were included as sample. All of the participants were selected based on their geographical background. The samples were selected using random sampling.

2.6 Tool used

Emotional intelligence scale constructed and standardized by Dr.Rakesh Pandey and Dr.Tulika Anand was used for this study. The reliability of the scale is 0.91. The scoring is done according to the norms.

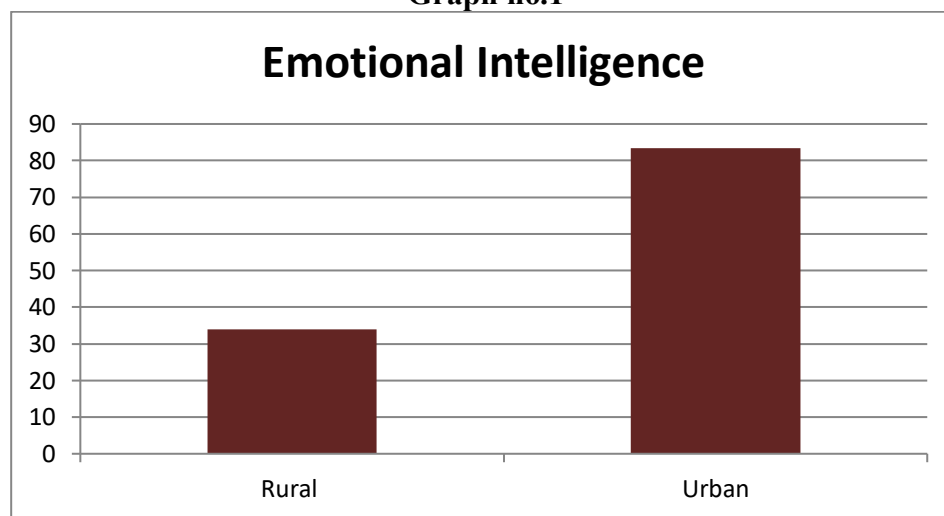
3. Result and discussion

Table no.1

Groups	N	Mean	SD	SED	t-value	Level of significant.
Rural	25	33.96	2.73	1.12	43.93	**
Urban	25	83.4	4.92			

Table represents the mean, SD and t-value of rural and urban adults on emotional intelligence.

Graph no.1



Graph represents comparison between the levels of emotional intelligence of adults of rural and urban area.

4. Result

It is clear from the table that the mean score on emotional intelligence of urban adult is 83.4 and mean score of rural adults is 33.96 and the SD is 4.92 and 2.73 respectively. The t-value 43.93 clearly evident that both groups differ significantly on their level of emotional intelligence at 0.01. Further the table shows that urban adults have higher level of emotional intelligence as compare to the adults from rural area. This is evident from their mean scores. Hence my hypothesis is rejected.

5. Limitations

- 1.Sample size are small compared to the population, therefore it's difficult to generalize.
- 2.Differed geographical areas are not considered.

6. Suggestions

- 1.Sample size can be increased.
- 2.Different geographical area can be included.

7. Conclusion

From above study we can derive to a conclusion that the adults of urban area are more able in identifying their feelings, of others and can handle their emotions well as compared to the rural people who mostly express their emotion without much thinking sometimes its good but in some cases, it can

put a negative effect whereas the people of urban area handle their emotion intelligently. There could be several factors behind this difference; it could be the education and environment they acquire.

Reference

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