



A Case Study of an Arjuna Award Winner Parul Parmar

DR.JAYENDRASINH P. THAKOR
Assistant Professor in Physical Education
C.C Sheth College of Commerce
Ahmadabad. Gujarat (India)

DR.PRAVIN V. SISODIYA
Assistant Professor in Physical Education
G.B Shah College,
Ahmadabad. Gujarat (India)

Abstract:

A case study (also known as a case report) is an intensive analysis of an individual unit (e.g., a person, group, or event) stressing developmental factors in relation to context. The case study is common in social sciences and life sciences. Case studies may be descriptive or explanatory. The latter type is used to explore causation in order to find underlying principles. They may be prospective (in which criteria are established and cases fitting the criteria are included as they become available) or retrospective (in which criteria are established for selecting cases from historical records for inclusion in the study). In this study the researchers studied about an Arjuna Award Winner Parul Parmar an Arjuna Award Winner Parul Parmar.

Keywords: *Arjuna Award, Case, Case Study*

1. Introduction

In this modern age, man has been achieving great progress along with new researcher .The world is being transformed very fast. Every man is eager to knock the doors of the 21st century standard of life is getting change. Ideology is also changed .This change is found in every walk of life. In this fast changing world, man is the only creature that possesses ability to accumulate experience and hard them over to generation and generation. That is why man is considered to be the most intellectual and rational animal of all.

Research is a unique science. Research is required to solve the problems coming in the development of educational field and for the overall developmental of man. In this age of science, scientific, process of research has been more credible to try, various researchers have planed significant role to transform the field of education.

A man takes up research work in order to find out solution of the problem or to suggest its remedies .Man possesses a special lactic for research .The researcher becomes the representative of the entire man land.

He draws his conclusions based on it. For the study of the topic, the researcher was various questionnaires, opinions, collection of information, personal visit, self observation etc as his tools for research. He selects his sample characters from his family members, friends, schools, occupations, and social institutes. It has been known through researcher that every man there to

get adjusted to different circumstances. Man makes efforts to get adjusted to the surrounding environment. In order to know aspects of man "Case Study" is an utmost importance. In this age of science, the role of speed with which games are being developed the player needs a special coaching to establish his success in national and international competitions. Coaching is given by the coaches. A coach is such a person who gives coaching and training to the player according to his own experience and experience in order to fulfill their objectives.

In order to make best player, the Indian government declared "Arjuna" award for the player to honor their work in 1961. Similarly Gujarat state has declared "Aklavya" award, "Sardar Patel" award And "Jaydeepsinhji Baria" award to encourage the players. Thus the achievements of the players are honored by the Indian government and the state government which is a positive sign for the world of sports and games.

Indian government has started to honor the players of national and international level by conferring of them the always of high ranks. In this award, the player received Rs.3, 00,000/- cash along with idol of "Arjuna" made of bronze. This honor is conferred by the president of India on Delhi. This tradition has been started with a view to getting excellent players in every game. Till now many sincere payers have been honored. Here, therefore player on whom the study is intended are "Arjuna" award winners.

2. Objectives of Study

To know Parul Parmar as an individual, and as a player encouraging sports and as a social person.

3. Selection of Subjects Characters

The researcher has chosen 40 persons who are her friends, neighbors, and relatives, 40 persons who are her co-workers, 40 other players and their friends and 40 players who have got training with players as subjects characters to make study in this research.

4. Standard of Measurement

In order to get opinions of the selected subject's characters the researcher has adopted tools like Opinionnaire, questionnaire and has taken personal visits.

5. Data Collection

Information was collected from 40 subject characters by personal visits. Information was collected from 40 subject characters through questionnaire. The Following aspects of subject characters were examined through four questionnaires.

- (1) Subject of study as a player
- (2) Subject of study as a person who encourages the sports activities.
- (3) Subject character as a social person.

6. Statistical Process

In this study information collected through questionnaire and personal visits was examined and it was converted in to its average from and it was analyzed the following conclusions were founds.

7. Conclusions and Results

7.1 Conclusion of Parul Parmar, as a player

- (a) Parul Parmar, as a player, conducts his programme of training as per schedule every day. Most of the person has agreed to this opinion. So it can be said that he gives training as per schedule programme.

- (b) Parul Parmar, as a player, insists on sports woman spirit. All has agreed to this opinion .So it can be said he insisted upon sports woman spirit.
- (c) Parul Parmar, as a player, keeps friendly relations with other players. Most of the people have agreed this opinion .So it can be said that he keeps friendly.

7.2 Conclusion of Parul Parmar, as a Woman to Encourage the Sports

- (d) Parul Parmar is a very learned woman who encourages the sports and games. All has agreed to this opinion .So it can be said that he was a learned woman.
- (e) Parul Parmar, who encourages the sports, was a woman who did her profession with some of responsibility for the opinion most of the people agree. So it can be said that he was a professional woman who worked with a sense of responsibility.
- (f) Parul Parmar, as a woman who encourages sports always known good suggestions for the opinion most of people have agreed. So it can be said that he honored the good suggestions.

7.3 Conclusion Parul Parmar as a Social Woman

- (g) Would you like to attend a public programme or meeting with Parul Parmar, as a social woman? Most of the people have replied in ' yes' .So it can be said that everybody preferred to go a public programme or meeting with Parul Parmar.
- (h) If you need any help would you prefer Parul Parmar a social woman? Most of the people have replied in 'yes' .So it can be said that most of people prefer him to get any help for any work.
- (i) Would you like to have breakfast with Parul Parmar as a social woman? All have replied in 'yes' .So it can be said that everybody preferred to have breakfast with him.

8. Recommendations

- (1) Individual study can be undertaken on such players who participated and getting medal in Olympic Games.
- (2) A study can be made of such player who has been honored by the government of India with Arjuna award, Aklavya Award.etc.
- (3) Such individual study can be done of the players who special Achievements in sports and game.
- (4) Individual study can be done on the coach who have Contribution in the field of sports as well as who has given contribution as the international level on who has won Dronacharya Award.

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