



Women Need to Change That

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Abstract

Discussion regarding changing the way to see towards women is very common today. But actually it should be the women who need to change as it is said that to bring the change we should be the change. Now the woman needs to ponder where they are going wrong. There is need to change the perspective of changing society to changing the way women deal with the society. It is to not only keep wishing but to do more by changing themselves. The topic is all about taking a bold step by making changes in the way women deals with the social problems. The change from being emotional to being practical. It is all about to raise and stay by and for herself. It is the time where ladies need to do some self-reflection to make things better for their own kind. Women should bring out their potentials and should not step back but fight back for their self-respect.

Keywords; Change, Perception, Potential, Self-reflection.

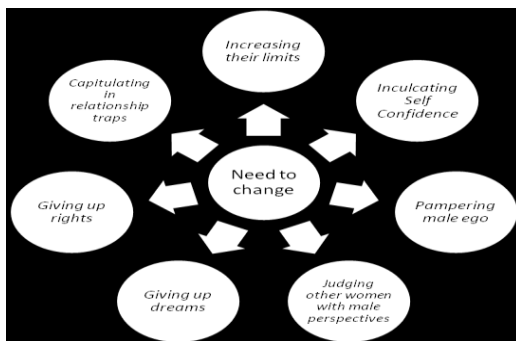
Introduction

Empowering women is significant topic very common for discussions now days. Empowering women refers to providing women to enjoy their rights and facilities and to provide equal status as well as respect as men in the society. So basically it's all about availing education, amenities, respect, status and rights equally to the female section as provided to the male section of the society. For this many women empowerment programs are common around us like Beti Bachao Beti Padhao programme, Nari Sashaktikaran programme, One Stop Center Scheme etc. Also the laws have been amended for betterment in conditions of women like, for prohibiting discrimination on the basis of sex, for providing right to equality, for providing support against dowry problems etc.

Women empowerment is all about generating women's sense of self-growth, providing right to assess equal opportunities, right to self-control and self-regulation. In the earliest era women were educated and self-dependent. But eventually the status of women was downgraded to the position of men. During the Mughals and British Rule conditions of women was worsened. Kinds of discriminating practices like child marriage, Sati system, Dev-Dasi Pratha and many more such practices were started to be taken. Later Struggles with the view of removal of exploitative customs and traditions against women in free India was started.

So while the formation of Indian Constitutions provisions and articles safeguarding women's right was placed providing them equality with men socially, economically and politically. Indian constitution provided women with equality in all respect but the same was not provided and implemented by many conservative peoples in the society. This lead to even more critical conditions for women to raise themselves. Gradually Laws were amended considering the situations but the implementation was not that effective. Later efforts for creating awareness for women empowerment and efforts for making women capable to stand for themselves were made. For the same many Yojnas and campaigns and programmes were held. Consequently the conditions of women got better. Our Indian Constitution not only provides equality to women but empowers state to adopt measures against the discrimination faced by them.

- Article 15(1) provide against any discrimination on the basis of sex.
- Article 15(3) provide for positive discrimination in favour of women.
- Article 39(a) provide for equal right to adequate means of livelihood for men and women.



- Article 39(d) provide for equal pay for equal work for men and women. And many more such articles

Also there number of legislations safeguarding rights of women

- Protection of Women from Domestic Violence Act, 2005 to protect women in India from all forms of violence.
- Dowry prohibition Act, 1961 protects against giving or taking of dowry at or before or anytime after marriage from women.
- Minimum Wages Act, 1948 providing equal wages to men and women for equal work.
- Hindu Succession Act, 1956 recognizing right of women to inherit parental property equally with men. And many other such laws.

By these laws there was observed certain increase in birthrates among women and literacy ratio among women. Literacy rate among females has increased up to 50% to 60% and even increased to 80% from 10% to 20% There was observed that women started to fight back for their rights, they became self-dependent. Women started going out for education and job opportunities. Also there has been subsequent increase in number of women in field of sports, defense and many such other fields where entry of women was prohibited. But still the ratio has not yet touched the level as expected. Still there are many problems that women face socially, physically, economically and politically.

This suggests that the empowering programmes are yet not sufficient for eliminating the problem. There is a need for changing the way to deal with it and making the women empowerment stronger. The solution to this the

way women deal with the problems. It is the time now where a woman has to take stand for themselves by changing the way they deal with the problems. It is now women have to change from being emotional to being practical. Laws provide support to women and a woman has to take their advantages for their betterment. Indian social structure is prejudice and need some serious upgrading. This can be done by changing the perception to deal with the social problems.

Now it should be the women who need to change as it is said that to bring the change we should be the change. To change the social norms towards women, you need to change the perspective first. To change the perspective, you need to think differently first. And to think differently, you need to realize that you have the power to think differently than what has always been said to you. There are certain things that women should change in them for bringing change in others:

- 1) Increasing their limits
- 2) Inculcating Self Confidence
- 3) Not to pamper male ego
- 4) Judging other women with male perspectives
- 5) Giving up dreams
- 6) Giving up rights
- 7) Capitulating in relationship traps

1) Increasing their limits

Every woman should now know what their boundaries are and should not keep herself trapped in the same. It is the time now women should extend their boundaries. Here boundaries in the sense weaknesses and shortcomings. Females should try to improve their shortcomings and replace their weakness with strength. No matter how they look they should work on whatever hinders their growth.

2) Inculcating Self Confidence

There is need for more and more females to develop self confidences on them by believing on themselves, believing on their abilities and not to be dependent on destiny. Females should not consider themselves restricted to enter in particular fields. There is no such thing that a woman is incapable of doing alone or independently. Females should improve themselves each day and

should know everything that generally a person should know. Females should not doubt their potentials. Physical problems should not be given that much importance that they become a hindrance in the growth.

3) Not to pamper male ego

Generally it is a mindset that women cannot do anything without men. And she is totally dependent on men while some of the people have mindset that women are independent to most of the extends but is dependent on men in certain case also. This mentality needs to be changed. This can be done by not pampering egos of males. It is females should fight back when she is correct and should stand by her side.

4) Judging other women with male perspectives

Even we being a woman judge other women intentionally or in subconscious mind and this is again due to the conservative mindset. This is deep-rooted in our Indian Society. This is needed to be change among women. It is believed that a woman is enemy of other women. This is because females judge other females for their attitude, dressing, actions, expressions etc. from the perspective of a male may be unknowingly. This should not suppose to be happening. Females should support other females for things that are correct rather than passing negative comments or rather than passing suggestions.

5) Giving up dreams

It is very common even today that from childhood a girls child is taught to be courteous, respecting what is said irrespective that it is correct or not and a girl should suppose to be making adjustments and compromises for other and this is the quality of a woman which should be kept intact. But does this thing make any sense. Every one of us has right to have a dream and to chase the same. It is taught to the females that their dream is to fulfill the unending desires and wishes of the family members. Thus women give up their dreams, their wishes which should be changed. A female should work for achieving her dreams and goal. Helping other by letting your own existence in question mark is needed to be changed.

6) Giving up rights

Our Constitution provides equal rights to every person irrespective of gender. But the Old

traditions and customs snatches away certain right of female. Also the females readily accept them which should be changed. A woman has a right to live her life in the way she wants, other people providing woman what she is suppose to do in her life should not be accepted as it is. She has right to move around freely, she has a right to put forward her suggestions and she should not give up their rights thinking emotionally for others. As said previously it is time to be practical. No one has right to dominant her.

7) Capitulating in relationship traps

A woman being emotional easily gets trapped in the web of relationships. By this females get manipulated by other emotionally and are made to do what others wanted her to do. Woman should not get manipulated by other members of family whether it is her brother, father or husband or anyone else. Doing something for the family members or relatives is not wrong but doing the same by forgetting what her own existence is, where she lies is wrong and that should be changed by bring the change in herself.

It is said that if females of a nation are string the nation is strong. Thus to change the thinking or mentality of our society first thing that should be done is females should correct themselves wherever they are going wrong. Changing the perspective of dealing with the social problems can be a bold initiative to change the society and to raise the status of women in our country. Its time for the self-reflection that is to bring out potentials to the light by inner growth and confidence among women.

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