



Study Habits of Higher Secondary School Students in Relation to their Academic Achievement

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Abstract:

This study intended to explore the study habit of higher secondary school students in relation to their academic achievement in the Banaskantha District of Gujarat. The sample of the study selected through simple random sampling technique. The sample comprised of 80 higher secondary school students. The results of the study revealed that there is a significant positive correlation between study habit and academic achievement of higher secondary school students as whole and dimension wise. Further, there is a significant difference between high and low academic achievement student on study habits in general.

Keywords: *Academic achievement, Higher secondary school, Study habit*

1. Introduction

Teacher plays a significant role in drawing the best potentialities from the student to nourish a good study habit. Again, the exploration of knowledge claims the regular study of books in different, so the student should have proper study habits. Some students read newspapers for getting more and more information and some read only prescribed books to prepare for their examination. Different students have different study habits, but the achievement of the students depends on good study habits among students (Mittal, 2009). So the higher secondary school students need intensive study with good study habits to get maximum scores in the higher secondary level examination to admit in the appropriate course for their further education. In the research of (Stella and Purushothman, 1993) secondary school students were underachievers in academically due to poor study habit. Hence, the investigator is keen interest in finding how for the academic achievement is affected by study habits?

2. Objectives of the Study

1. To study the relationship between study habits and academic achievement of higher secondary school students.
2. To study the significant difference between high and low academic achievement students on study habits.

3. Hypotheses of the Study

Here two alternative hypothesis

- H₁** There will be significant relationship exists between academic achievement and study habit of higher secondary school students.
- H₂** There will be significant difference exists between high and low academic achievements higher secondary school students on study habits.

4. Design of the Study

The research work is a descriptive survey type of research. The sample of 80 higher secondary school students studying in different government schools of Banaskantha district of Gujarat is drawn with the help of simple random sampling technique. Research tool of Study Habits Inventory by P.P. Patel is used to measure the study habits of higher secondary school students.

5. Analysis and Interpretation

Table 1 Coefficient of Correlation between Study Habits and Academic Achievement of higher Secondary School Students in General

Variable	N	df	Coefficient of correlation	Level of Significance
Study Habits	80	78	0.47	.01

It is revealed from the Table 1 that the coefficient of correlation between study habits and academic achievement of higher secondary school students .47 which is significant at .01 level of significance. That means there is significant positive relationship between study habit and academic achievement of higher secondary school students. It implies that better academic achievement depends on good study habits. Thus, the hypothesis (H₁-1) 'there exists a significant positive relationship between study habit and academic achievement of higher secondary school students' is retained.

Table 2 Coefficient of Correlation between Study Habits and Academic Achievement of higher Secondary School Students Dimension wise

Sr.	Dimensions	r with academic achievement
1	Comprehension	0.40
2	Concentration	0.38
3	Drilling	0.31
4	Recording	0.31
5	Interaction	0.29
6	Supports	0.44
7	Study Sets	0.32
8	Language	0.30
9	Task Orientation	0.11

It is revealed from the table 2 that the dimensions like comprehension, concentration, drilling, recording, interaction, support, study sets and language are significant related with the academic achievement of higher secondary school students, where as the dimension like task orientation is not significantly related with the academic achievement of students. That means the maximum dimensions of the study habits of the higher secondary school students are related with their academic achievement.

6. Conclusion and Suggestions

Findings of the present revealed there is significant difference positive relationship between study habits and academic achievement of higher secondary school students. It is suggested that parents should get appropriate guidance and counseling about dealing with higher secondary school students to develop a good study habits for the educational development of their kids.

Healthy and sympathetic teacher's and student's relationship should be made to upgrade the level of academic self esteem of students. Emphasis should be given on social cognitive develop of the students to increase the level of self esteem. Self-study should be encouraged and emphasized. The teachers should ask the students to keep the record of their progress towards their set goals. The teachers should make an effort to develop a conducive social climate in the class so that every student should feel that he/she belongs to a group.

References

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